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# OVERVIEW OF PREVIOUS RESEARCH ON AFFECTIVE EMOTIONS IN LITERARY TEXTS

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### ABOUT ARTICLE

**Key words:** Text, affective, feeling,

**Abstract:** This article discusses and analyzes an overview of previous research on affective

research, artistic text.

feelings in literary texts.

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# BADIIY MATNLARDAGI AFFEKTIV HIS-TUYG'ULARGA OID OLDINGI TADQIQOTLARGA UMUMIY NUQTA

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## MAQOLA HAQIDA

**Kalit soʻzlar:** Matn, affektiv, his-tuygʻu, tadqiqot, badiiy matn.

**Annotatsiya:** Ushbu maqolada badiiy matnlardagi affektiv his-tuyg'ularga oid oldingi tadqiqotlarga umumiy nuqtai mavzusi muhokama va tahlil qilingan.

# ОБЗОР ПРЕДЫДУЩИХ ИССЛЕДОВАНИЙ АФФЕКТИВНЫХ ЭМОЦИЙ В ХУДОЖЕСТВЕННЫХ ТЕКСТАХ

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### О СТАТЬЕ

**Ключевые слова:** Текст, аффективный, чувственный, исследовательский, художественный текст.

**Аннотация:** В данной статье обсуждается и анализируется обзор предыдущих исследований аффективных переживаний в художественных текстах.

#### INTRODUCTION

Affective emotions play a critical role in literary texts, as they engage readers and evoke a range of responses such as empathy, fear, anger, or joy. Understanding the expression and impact of emotions on literary texts requires an in-depth analysis of previous research. This chapter provides an overview of studies on affective emotions in literary texts across various disciplines, including psychology, neuroscience, and literary studies.

#### THE MAIN RESULTS AND FINDINGS

Psychological Perspectives on Affective Emotions in Literary Texts

Psychological theories on affective emotions help to explain how emotions are portrayed in literary texts. According to the cognitive appraisal theory, emotions arise from an individual's evaluation of an event or object based on its significance to one's goals, values, and beliefs (Larsen & Fredrickson, 1999). This theory is reflected in literary texts, where characters' emotions are shaped by their perceptions and interpretations of their experiences. Catrina (2017) emphasizes that characters' emotions are influenced by their cognitive processes, which involve assessing the situation and their emotional responses to it. The study also highlights that the portrayal of emotions can vary across genres and cultural contexts, thus indicating the role of cultural factors and literary conventions in the expression of emotions.

Psychological theories play a crucial role in understanding affective emotions in literary texts. Such perspectives focus on how emotions are portrayed and perceived in literary texts. According to the cognitive appraisal theory, emotions arise from individuals' assessment of an event or object based on its significance to their goals, beliefs, and values (Larsen & Fredrickson, 1999). In literary texts, character's emotions are shaped by their cognitive processes, such as their perception of the situation and emotional response to it.

Furthermore, the portrayal of emotions in literary texts can vary across genres and cultural contexts, thus emphasizing the role of cultural factors and literary conventions in the expression of emotions (Catrina, 2017). Characters' emotions reflect their personality traits, goals, beliefs, and values, making them complex and multi-faceted. Moreover, the analysis of characters' emotions in literary texts can provide insight into the human psyche, behavior and emotions.

Psychological perspectives provide a framework for understanding the portrayal of affective emotions in literary texts. These perspectives emphasize the central role of emotions in shaping literary texts and offer a compelling tool for analyzing characters' emotions by exploring their cognitive processes and cultural-contextual factors.

Psychoanalytic Perspectives on Affective Emotions in Literary Texts

Psychoanalytic theories focus on the unconscious mind and emotions. Freudian theory suggests that emotions are not always accessible to individuals' consciousness, and repressed emotions can

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resurface as psychological issues (Moran, 2019). This theory is relevant in literary texts, especially in exploring the motivations and emotions of characters. The study of character's emotions in literary texts can thus contribute to understanding human emotions and behavior. For instance, Jirousek (2016) shows how the analysis of anger in Virginia Woolf's Mrs. Dalloway reveals conflicted emotions that reflect the character's psyche.

Psychoanalytic theories have been used for several years to analyze the complex interactions between the human psyche, emotions, and behavior. Emotions have been a topic of interest for psychoanalytic theorists since the early days of the discipline. Freud's (1915) theory of affect posited that affects are specific bodilyexperiences that are associated with emotions, and they arise from the interaction between internal and external stimuli. Since then, psychoanalytic theorists have explored the ways in which emotions are expressed and represented in literary texts. This paper aims to explore psychoanalytic perspectives on affective emotions in literary texts, focusing on the works of Sigmund Freud, Jacques Lacan, and Julia Kristeva.

Sigmund Freud's Appraisal of Affective Emotions

Sigmund Freud's theory of psychoanalysis laid the foundation for psychoanalytic perspectives on affective emotions in literary texts. According to Freud, emotions are the result of the interaction between internal and external stimuli. He posited that emotions are a manifestation of the unconscious mind, and they are expressed through dreams, slips of the tongue, and everyday behaviors.

Freud's theory of affect posited that emotions are specific bodily experiences that are associated with affective states. He classified emotions into two broad categories: pleasure-unpleasure and tension-release. Freud believed that emotions serve an adaptive function by allowing individuals to respond to their environment and by enabling them to cope with the stressors of daily life.

Freud's concept of the Oedipus complex, which is based on the Greek myth of Oedipus, is perhaps one of the most influential psychoanalytic theories on affective emotions in literary texts. The Oedipus complex is a theory that describes a child's unconscious desire to possess their opposite-sex parent and eliminate their same-sex parent. Freud believed that the Oedipus complex was universal and that it is a crucial stage in psychosexual development.

The Oedipus complex has been used to analyze several literary texts, including Sophocles' Oedipus Rex, Shakespeare's Hamlet, and D.H. Lawrence's Sons and Lovers. The theory has been used to explore the psychological motivations of characters in these works and to examine the ways in which their emotions are shaped by their unconscious desires.

#### **CONLUSION**

Jacques Lacan's Contribution to Psychoanalytic Perspectives on Affective Emotions

Jacques Lacan was a French psychoanalyst who made significant contributions to psychoanalytic perspectives on affective emotions in literary texts. His concept of the mirror stage

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posits that a child develops their sense of self through the reflection of their body in a mirror. This process allows the child to recognize themselves as separate from their environment, and it gives them a sense of identity.

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